



HOUSTON ASIAN AMERICAN DENTAL SOCIETY

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Unlocking the Puzzle: Understanding Musculoskeletal Orofacial Pain

By:
Dr. Andres Martinez

Location: Kim Son - Bellaire
10603 Bellaire Blvd
Houston, TX 77072
Phone No: 281-598-1777

Date: Thursday, April 9, 2026
Time: 6:00 PM – 9:00 PM

Course Objectives:

1. Describe the orofacial pain specialty and its scope of practice
2. Define temporomandibular disorders (TMD) and their clinical presentation
3. Differentiate between muscle pain and articular pain in the orofacial region
4. Understand the difference between the source and site of pain
5. Develop an initial treatment plan for TMD patients emphasizing conservative, reversible management strategies
6. Understand the concept of trigger points as both a diagnostic and therapeutic tool
7. Discuss the current evidence on the clinical effectiveness of botulinum toxin type A for TMDs and bruxism

Presenter:

Andres Martinez, DDS, completed his dental degree at Javeriana University in Bogota, Colombia. After graduation, he joined a 1-year Oral Medicine Internship at Case Western Reserve University in Cleveland, Ohio. His interest in Orofacial Pain motivated him to complete the Orofacial Pain Residency Program at the University of Kentucky in 2022. He became a diplomate of the American Board of Orofacial Pain (ABOP) in 2023 and a diplomate of the American Board of Dental Sleep Medicine (ABDSM) in 2025.

Dr. Martinez currently runs Houston TMJ Facial Pain and Sleep, a practice dedicated to the management of temporomandibular disorders, facial pain, headaches, and dental sleep medicine. In addition to his private practice, Dr. Martinez serves as an assistant professor in the Department of Restorative Dentistry and Prosthodontics at The University of Texas Health Science Center at Houston School of Dentistry.

Meeting Schedule:

Registration: 6:00 PM – 6:15 PM
Dinner: 6:15 PM – 7:00 PM
Lecture: 7:00 PM – 9:00 PM

Menu: 7 Course Dinner
*Vegetarian Options Available
Parking: Complimentary